## MHHS YELLOW RIBBON WEEK FOR SUICIDE PREVENTION

Presented by The American Foundation for Suicide Prevention

## STUDENTS AND MENTAL HEALTH

Learn how to balance your life from other students who have been there, learn how to spot and help friends who may be struggling, and have an honest conversation about mental health and well-being.

## THURSDAY, SEPT. 13, 2018 6:00 PM - 7:00 PM

Mission Hills High School Redwood Hall (Theater)

1 Mission Hills Court, San Marcos, CA 92069

This event is appropriate for students grades 8-12, parents/guardians, and school staff. The film will be in English with Spanish subtitles.

This event will feature a short film and live discussion



